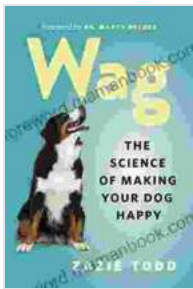


# Wag the Science of Making Your Dog Happy

Dogs are man's best friend, and for good reason. They are loyal, loving, and always happy to see us. But what makes a dog happy? And how can we make sure we are ng everything we can to provide them with the best possible life?



## Wag: The Science of Making Your Dog Happy by Zazie Todd

★★★★☆ 4.7 out of 5

Language	: English
File size	: 5260 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
X-Ray	: Enabled
Print length	: 335 pages



The science of dog happiness is a relatively new field, but there is already a wealth of research that can help us understand what makes our furry friends tick. Here are a few of the most important things we know about dog happiness:

1. **Dogs need social interaction.** Dogs are pack animals, and they thrive on social interaction. They love to play with other dogs, go for walks, and cuddle with their humans. Make sure your dog has plenty of opportunities to socialize with other dogs and with you.
2. **Dogs need mental stimulation.** Dogs are intelligent animals, and they need to be mentally stimulated to be happy. Provide your dog with

plenty of toys to play with, and take them for walks and training sessions to keep their minds active.

3. **Dogs need physical exercise.** Dogs need to exercise regularly to stay healthy and happy. Aim for at least 30 minutes of exercise per day, and make sure your dog has plenty of opportunities to run and play.
4. **Dogs need a healthy diet.** A healthy diet is essential for a dog's overall health and happiness. Feed your dog a high-quality diet that is appropriate for their age, weight, and activity level.
5. **Dogs need a safe and comfortable home.** Dogs need a safe and comfortable place to live where they feel loved and secure. Make sure your dog has a bed of their own, and provide them with plenty of toys and blankets to keep them warm and cozy.

By following these tips, you can help ensure that your dog is happy and healthy for many years to come.

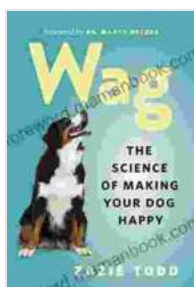
### **Additional Tips for Making Your Dog Happy**

- **Learn to communicate with your dog.** Dogs cannot speak our language, but they can communicate with us through body language and vocalizations. Learn to pay attention to your dog's body language so that you can understand what they are trying to tell you.
- **Be patient and understanding.** Dogs are not perfect, and they will make mistakes from time to time. Be patient and understanding when they do, and always remember that they are doing their best.
- **Show your dog love and affection.** Dogs love to be loved, so make sure you show them plenty of love and affection. Pet them, cuddle

them, and tell them how much you love them.

- **Make time for your dog.** Dogs need attention and interaction from their humans. Make sure you set aside time each day to play with your dog, go for walks, or just cuddle on the couch.
- **Get your dog involved in activities.** Dogs love to be involved in activities with their humans. Take your dog for walks, go for runs, play fetch, or enroll them in a dog training class.

By following these tips, you can help ensure that your dog has a happy and fulfilling life. Dogs are a wonderful addition to our lives, and they deserve all the love and happiness we can give them.



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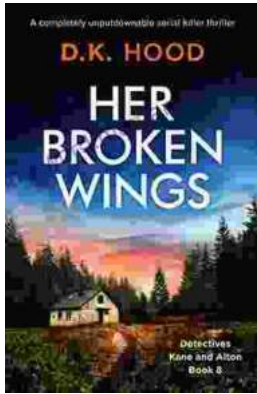
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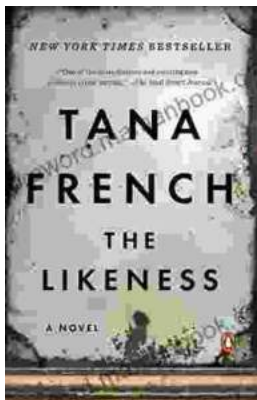
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