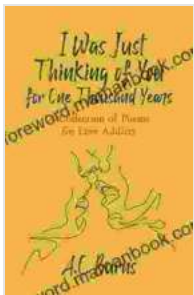


A Collection of Poems for Love Addicts: Finding Redemption and Healing through the Power of Poetry

Love addiction, a form of codependency, is a devastating condition that affects millions worldwide. It is characterized by an obsessive and unhealthy preoccupation with romantic relationships, leading to emotional turmoil, self-destructive behaviors, and a profound sense of emptiness.

Poetry, with its ability to capture the nuances of human emotion and experience, can provide a powerful tool for those struggling with love addiction. Through the exploration of love, loss, and the complexities of the human heart, poems can offer solace, validation, and a path towards redemption and healing.



I Was Just Thinking of You for One Thousand Years : A Collection of Poems for Love Addicts by A.C. Burns

★★★★★ 5 out of 5

Language : German
File size : 2307 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Print length : 452 pages

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The Power of Poetry for Love Addicts

Poetry can serve as a source of comfort and understanding for love addicts, who often feel isolated and misunderstood. By reading the experiences and emotions expressed in poetry, they can connect with others who have faced similar struggles, reducing feelings of shame and loneliness.

Furthermore, poetry can help love addicts to process their emotions in a healthy and constructive way. Through the exploration of metaphor, imagery, and rhythm, poems can provide a safe space for expressing complex feelings that may be difficult to articulate in everyday language.

Themes Explored in the Collection

The collection of poems for love addicts explores a wide range of themes, including:

- The intense longing and desire that characterize love addiction
- The emotional roller coaster of love addiction, from euphoria to despair
- The self-destructive behaviors that love addicts engage in
- The profound sense of loss and emptiness that follows the end of a love addiction
- The path to healing and redemption for love addicts

Sample Poems

"Craving" by Anonymous

I crave your touch, your voice, your scent,

Like a drug, I need your presence.

I'm lost without you, a ship adrift,

My heart aches, my soul bereft.

Your love is a poison, sweet and slow,

It consumes me, leaving me hollow.

I'm trapped in a cycle, I can't escape,

A slave to my addiction, my fate.

"Redemption" by Anonymous

From the depths of despair, I rise,

With each step, I break the ties,

That bound me to addiction's hold,

My spirit now, a story to be told.

Through pain and loss, I've found my way,

To heal my heart, each passing day,

I'm reclaiming my life, my own,

Love addiction's grip, forever gone.

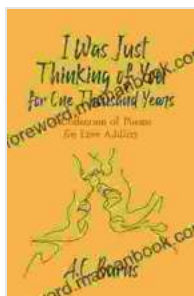
This collection of poems is a testament to the power of poetry to provide solace, understanding, and hope to those struggling with love addiction.

Through the exploration of raw emotions, vulnerability, and strength, these verses offer a path towards redemption and healing.

If you are struggling with love addiction, know that you are not alone. There is help available, and poetry can be a valuable tool on your journey towards recovery.

Additional Resources

- Love Addicts Anonymous
- The National Council on Alcoholism and Drug Dependence
- The National Domestic Violence Hotline

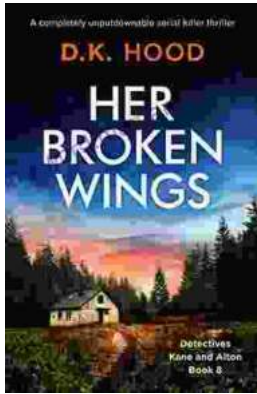


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